

October 2018

# Lord of Life

## Lutheran Church

A NEWSLETTER FOR THE FAMILY AND FRIENDS OF LORD OF LIFE LUTHERAN CHURCH



### **How Will Your Measure Your Life?**

BY PASTOR PAUL

By the time you read this article we will be one week (or more) into the sermon series entitled "How Will You Measure Your Life?" so I thought I'd make a request. Each week we are passing out GPS (Grow. Pray. Study) pages for you to take home for your personal or family faith formation time.

These resources are tied into what you heard in worship, but also to the larger theme for the series. I believe that these tools for practicing faith at home can make a BIG difference in your experience with God during this series. There are questions, scripture readings, and even prayers for you to read through and ponder. We are also offering small group conversations so you can engage the theme and stories with others. I believe you will find these conversations stimulating and exciting, and that they will give you space to really think about your faith.

Week one of the series was titled "By Who and How We Love" and helped us think about what real success looks like, the fruits of our labor shown in those in whom we invest our time and our love. Week two will look at "What and How We Give" and week three looks at "Who and How We Serve." Resources for the home study portion are also available on our website by visiting [www.lordoflife.online](http://www.lordoflife.online) and clicking on the image with How Will You Measure Your Life.

Do you know someone else who could benefit from this series? Invite them to join you for worship, they can listen to the first sermon on our website. Invite your friends and family to work through the GPS sheets with you. Talk about what you are learning and experiencing with others. Pray. Pray for God to open the hearts and minds of all who experience this series and to give them the courage to do something about it.

In peace and hope,

Pastor Paul

## **Ministry Fair**

### **Sunday October 14th**

In conjunction with the sharing of our Ministry Opportunity Forms we will have a Ministry Fair. If you've ever wondered about all the many things that happen through Lord of Life, you will be want to visit the tables in the Gathering Space. Each table will be tell the story of a different ministry area. You will be able to ask questions and learn about our work together. Our faith community will then be asked to return their form on Commitment Sunday, October 21st, at either worship service.

## **New ELCA podcast – ‘Three Sides’**

“Three Sides” is a new monthly podcast featuring stories from the ELCA. As a church that believes God is calling us into the world – together, “Three Sides” presents diverse voices from across the ELCA. Listen as we share stories from the many expressions of this church. Join the conversation at [LivingLutheran.org/podcast](http://LivingLutheran.org/podcast).

---

# CARING FOR OUR CONGREGATION

---

*We care for our members as we offer opportunities for spiritual growth and build strong relationships.*

## Parish Education

Maria Troftgruben, [maria\\_troftgruben@hotmail.com](mailto:maria_troftgruben@hotmail.com)

Sunday school got off to a great start trying out a new curriculum in a more open space. We had our first rotation Sunday morning and a Faith stone event for preschoolers and their parents. Thank you to everyone who helped with those events.

Coming up in October, there will be a Faith Stone event for 3rd & 4th graders and their parents on October 14th at 9:15 in the sanctuary. More information about the event will be coming in the mail. There will also be a rotation Sunday school morning on the 21st. New volunteers are always needed to help lead a station. The activities and materials are prepared for you. All you need to do is show up and have fun with kids as you explore faith together through a variety of activities. If you want to give it a try please contact me.

During Sunday school this year, we will be helping the children learn some Bible verses. In September we focused on Proverbs 3: 5-6. In October we will be focusing on Jeremiah 29:11. We are also trying to incorporate some simple service projects into our learning times. In September we cared for our families and congregation by praying for their requests. We hope to serve and care for our congregation, community and world throughout the year.

## NEW! Potluck Dinner & Worship



Will I see you at the all new First Wednesday potluck and worship night?

Are you kidding? I wouldn't miss it for the world! I want to get to know more people, and the food will be awesome!

Do you like to eat dinner?  
Do you like singing awesome praise songs with the band?  
Do you wish you could get to know the people at Lord of Life?  
Wish there were more family friendly things to do?

If you said yes to any of these questions, then our all new **FIRST WEDNESDAY** is for you!

**WHAT:** First Wednesday Dinner & Worship  
**WHEN:** Wednesday, October 3rd  
Dinner at 6 & Worship at 7  
**WHY:** Because community matters!

## Confirmation and Youth

BY COCO LYONS, YOUTH MINISTRY COORDINATOR

Confirmation is off and running for another great year! Our students will be working through the Old Testament this year in the classroom. A key component to confirmation will be service opportunities for students throughout the year. These service opportunities will be within our church, our community and our world. Students will be able to serve in areas where they are passionate and want to learn more about. Throughout the year stay tuned during worship for ways you can support our youth in their service.

Youth are invited to education hour at 9:15am every Sunday during the school year. This year youth will be learning ways to apply their faith to their everyday lives outside of the church in their communities. We will be utilizing man series surrounding prayer, creation, world hunger, discipleship and more. Each week students will have discussions surrounding scripture and how they can use it throughout their week.

Blessings,  
Coco

## Let's Send A Little Love

Family Ministry would like to reach out to our college students by once again providing care packages that include treats and letters of support written and drawn by our Sunday school children.



Please help us make this long standing tradition a success by donating for the cost of shipping, or by donating treats. Each package contains treats, a handmade card, Christmas ornaments, Bible verse, a note from the congregation and an invitation to the midweek Advent services and Christmas Eve/Day services. A sign up sheet will be provided in the gathering space.

Parents: if you have a child attending college or serving in the military please send an updated address to Laura Sherlock [Lsherlock@mchsi.com](mailto:Lsherlock@mchsi.com)

## Donation request:

Sunday school is in need of some stickers to have on hand for projects throughout the year. If you have some that are basic, simple stickers (not the princesses and superheroes, more like shapes, animals, faith related ones) that you are willing to donate, please stick them in the Parish education mail box or give them to me.

---

## Special Project

We are looking for help to renovate our large classroom spaces upstairs. We'll be looking for donations for paint and flooring, as well as other elements to refresh the space and create a dedicated youth room on the main level. We have received a gift of \$400 toward the project with a challenge for 5 others to match it. If you are interested in helping by donating to this project, or if you are willing to help with painting and repairs, please let Pastor Paul know.

## Stephen Ministry

Stephen Ministers are members of Lord of Life trained by Stephen Leaders to offer high-quality, one-to-one Christian care to people going through tough times. Congregation members and others in the community can receive care from a Stephen Minister. If you are struggling through a difficult time in life—experiencing grief, divorce, job loss, chronic or terminal illness or some other life crisis you can receive a Stephen Minister’s confidential care. To learn how to become a Stephen Minister or receive care, contact Pastor Paul at 563-582-7371 ex 101 or [pastor@lordoflifedbq.org](mailto:pastor@lordoflifedbq.org).

## Senior Lunch (50+)

On Thursday, October 25th, the Senior Lunch Group will embark on our last road trip for the season. We will be traveling to an 11:30 a.m. lunch at Breitbach’s, 563 Balltown Rd. in Balltown. Besides the fun and fellowship, we are hoping for a nice day and some breathtaking views. Please contact Peggy Granovsky if you have questions, wish to RSVP or arrange for ride sharing. Hope to see you soon!

## Library Wish List

Lord of Life’s “Little Library” has a Wish List! If you would like to contribute to our library, visit our Amazon wish list at <http://a.co/3q6ySpo>.

## Thank You for Giving!

Thank you to all who support the ministry and outreach of Lord of Life Lutheran Church. In August, you gave \$17,453.87 to help us worship and provide faith formation resources as we care in our congregation. Your gifts to the church, in response to what God has first given you, make it possible for us to be a witness to our community and to partner with the ELCA to impact the world.

## Congratulations

to Jamie & Scott Reising on the baptism of Jordan Reising on August 25th. The sponsors were Reed & Megan Pederson.



## God’s Work Our Hands Sunday

A special thanks to everyone who came out for God’s Work Our Hands Sunday, a day of service for our congregation, our community, and our world. The photo to the left, plus a few others, spent the afternoon making a difference. Cleaning and repairs at church, quilting for Lutheran World Relief, roadside cleanup, celebrating birthdays with folks at Luther Manor made for a great day! Thank you all!



## Reclaiming the Family Dinner Table

FROM LIVING FAITH  
NORTHEASTERN IOWA SYNOD  
HOME LIFE NETWORK

Eating meals together as a family makes a difference:

- The average parent spends 38.5 minutes per week in meaningful conversation with their children.

- Family dinners are more important than play, story time and other family events in the development of vocabulary of younger children.
- Frequent family meals are associated with a lower risk of smoking, drinking and using drugs; with a lower incidence of depressive symptoms and suicidal thoughts; and with better grades in 11 to 18 year olds.
- Kids who eat most often with their parents are 40% more likely to say they get mainly A's and B's in school than kids who have two or fewer family dinners a week.

### Tips to Reclaim Family Time:

- Make dinner a special family time. Turn off the TV, take the phone off the hook, dim the lights, light candles, and have a relaxing time together. Or, if you prefer, engage young children in a creative theme dinner like a picnic on the living room floor. Use your imagination and choose the approach that suits your family best. Pray together.
- Focus on positives. Don't use mealtime as a time to criticize, complain, or argue. Treat each other with respect and affection. Let the little things ride; who cares if junior is wiggly at the table or little sis dribbles milk? Save the discussions of homework and messy bedrooms for another time.
- Decide together how you can make high-quality family time a habit. Are there one or two days a week that you all can commit to for a fun family dinner? What do you need to clear from your schedule to make that happen?
- And when dinnertime doesn't work, how about a snack and a family board game at bedtime?

*Based on tips from Martha Farrell Erickson from the University of Minnesota*

---

# CARING FOR OUR WORLD

---

## **Help Make Quilts for Lutheran World Relief**

Monday, October 8th, 6:30 pm

Join the Quilters for Lutheran World Relief as they assemble and tie quilts. No sewing experience necessary to help with this ongoing mission project. For more information, contact Marilyn Koehler (582-6430) or Barbara Lindecker (588-1532).

## **Join Us For Crop Walk**

Sunday, October 7, 2018

Starting at Holy Trinity Lutheran Church, 1755 Delhi, Dubuque

1:00pm

Sandy Arp, Mission & Outreach

Church World Services uses the CROP Walk funds to provide resources for education, health care, income generation, and emergency relief to more than 70 countries around the world. Twenty-five percent of the total funds raised is returned to Dubuque to assist the needy. It is then distributed to the Rescue Mission, the Dubuque Food Pantry and PIN (People In Need).

Join us to help alleviate world hunger. We will meet at Holy Trinity Lutheran Church, 1755 Delhi Street and walk south on Grandview & back. Please sign up in the Gathering Space.

## **ELCA welcomes 12 new missionaries**

In July, the ELCA welcomed 12 new missionaries into service. Erica Bryer, Jordan Collins-Brown and Erin Ryan will serve as teachers in Japan. Megan Freudenberg, Patrick Lynch, David Meza, Carol Schwantes, Kevin Tresselt and Deborah Zudell-Dickey will serve as teachers in Slovakia. Three seminarians will complete their pastoral internships with our companion churches – Tom Gehring will serve in Malaysia, Caitlyn Melillo will serve in Uruguay, and Joshua Menke will serve in Switzerland. Please join us in celebration and prayer for these new missionaries! To learn more about how you can support their ministry, contact [globalchurch@elca.org](mailto:globalchurch@elca.org).

---

# FROM THE CHURCH OFFICE

---

## Altar Flowers

Altar Flowers are a great way to remember or honor a family member or friend. There are two ways to provide an arrangement for worship:

Use a Florist: Write your name on the flower chart next to the date you would like to provide flowers. Place an “F” in front of your name. The church office will order an arrangement from Butt’s Florist at the cost of \$16.00 Place the payment in a “Altar Flower” envelope provided by the church office and fill out as directed.

Supply your own flowers: Have a garden full of flowers? Wish to make your own arrangement? Write your name on the flower chart next to the date you would like to provide flowers. Place an “O” in front of your name.

NOTE: You are responsible to order, pay for and deliver to the church during church office hours. If you have any questions, please feel free to contact Tara Grace at [taragra2@gmail.com](mailto:taragra2@gmail.com).

## Weekly E-News

Our Weekly E-News is published each Wednesday and contains information about the week ahead. Sign up at our website and you will receive information about upcoming activities and events for the week along with any special announcements or reminders.

## Sermon Podcast

Did you know you can listen to the sermons from all of our services online? Visit [www.lordoflifedbq.com/sermons](http://www.lordoflifedbq.com/sermons) or find us on Google Play, iTunes, or your favorite Podcast app! Do you have an Alexa? Just say “Alexa, play the Lord of Life Lutheran Church sermon podcast”.

---

*A few more photos from God’s Work Our Hands Sunday, it’s fun to serve others!*



Church Calendar

Oct 2018 (Central Time - Chicago)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>30</p> <p>Hunger Sunday</p> <p>8am - Worship</p> <p>10:30am - Worship</p> <p>3pm - 5 to Life band practice</p>	<p>1</p> <p>6:30pm - Mission &amp; Outreach</p>	<p>2</p> <p>6pm - Confirmation Class</p> <p>6pm - First Wednesday</p> <p>6:30pm - Band Practice</p>	<p>3</p> <p>1:30pm - Prayer Shawl</p>	<p>4</p>	<p>5</p>	<p>6</p> <p>9am - Blessing of the Animals @</p>
<p>7</p> <p>Healing Prayer Sunday</p> <p>8am - Worship</p> <p>10:30am - Worship</p> <p>12:30pm - CROP Walk To End</p> <p>6pm - Confirmand Gathering</p>	<p>8</p> <p>6:30pm - Quilters @ Lord of Life</p>	<p>9</p> <p>6:30pm - Council Meeting @ Lord</p>	<p>10</p> <p>6pm - Confirmation Class</p> <p>6:45pm - Choir Practice</p> <p>7:30pm - Bell Choir Practice @</p>	<p>11</p> <p>6:30pm - Stephen Ministry</p>	<p>12</p>	<p>13</p> <p>8:30am - Men's Breakfast</p> <p>9:30am - Women's Breakfast @</p>
<p>14</p> <p>8am - Worship</p> <p>9am - Ministry Fair</p> <p>10:30am - Worship</p>	<p>15</p>	<p>16</p> <p>6pm - No Confirmation Class</p> <p>6:30pm - Band Practice</p>	<p>17</p> <p>1:30pm - Prayer Shawl @ Lord of</p>	<p>18</p>	<p>19</p>	<p>20</p>
<p>21</p> <p>8am - Worship</p> <p>10:30am - Worship</p> <p>6pm - Confirmand Gathering</p>	<p>22</p>	<p>23</p> <p>6pm - Confirmation Class</p> <p>6:45pm - Choir Practice</p> <p>6:45pm - Choir Practice</p> <p>7:30pm - Bell Choir Practice @</p>	<p>24</p> <p>11:30am - Seniors Luncheon</p> <p>6:30pm - Stephen Ministry</p>	<p>25</p>	<p>26</p> <p>6pm - Asbury Halloween Parade</p>	<p>27</p> <p>5:30pm - Confirmand and Parent</p>
<p>28</p> <p>Bell Choir/ Adult choir Plays at</p> <p>Hunger Sunday</p> <p>Reformation Sunday</p> <p>8am - Worship</p> <p>9:15am - Confirmand Reception</p> <p>10:30am - Affirmation of</p> <p>10:30am - Worship</p>	<p>29</p>	<p>30</p>	<p>31</p> <p>1:30pm - Prayer Shawl</p>	<p>1</p>	<p>2</p>	<p>3</p> <p>Change Clocks</p>

# OCTOBER WORSHIP ASSISTANTS

## 8 AM

	October 7	October 14	October 21	October 28
<b>Greeters</b>	1. Nancy Davis 2. Gene Giltner	1. Gilbertsons 2. ...	1. Linda Bothwell 2. Tim Shade	1. Barb & Larry Croghan
<b>Ushers</b>	1. Lois Freiburger 2. Jeff Mentzer	1. Deron Muehring 2. ...	1. Gilbertsons 2. ...	1. Niklasen family
<b>Reader</b>	1. Diane Frambach	1. Sandy Arp	1. Susan Hansen	1. Jennifer Cartee
<b>Assisting Minister</b>	1. Susan Hansen	1. Gene Giltner	1. Al Simms	1. Mike Donohue
<b>Communion Server</b>	1. Barb Lindecker 2. Kevin Eipperle 3. Al Simms	1. Barry Pickart 2. Doris Felderman 3. ...	1. Nancy Davis 2. Barb & Larry Croghan 3. ...	1. Joan and Dan Decker
<b>Acolyte</b>	1. Kira Harvancik	1. Andrew Niklasen	1. Amelia Thompson	1. Peter Niklasen
<b>Powerpoint and Sound</b>	1. Jon Dienst	1. Nancy Davis	1. Phyllis Fishnick	1. Kevin Cartee
<b>Pastor</b>	1. Pastor Paul	1. Pastor Paul	1. Pastor Paul	1. Pastor Paul
<b>Connection Center - Coffee</b>	1. ...	1. ...	1. ...	1. ...
<b>Lay Caller</b>	1. Marilyn Koehler	1. Gilbertson	1. Granovsky	1. Pickart
<b>Eucharistic Minister</b>	1. Al Simms	1. Gilbertson	1. Tara Grace	1. Larry Croghan

## 10:30AM

	October 7	October 14	October 21	October 28
<b>Greeters</b>	1. John & Vonda Hermsen 2. ...	1. Kennedy Family 2. ...	1. Sara Jones 2. Ellen Sandberg-Shook	1. Sarah Lange & Craig Miller
<b>Ushers</b>	1. Galen Thomas 2. Sara Jones	1. Tim & Heather Felderman 2. ...	1. Tara Grace 2. Mike Ackerman	1. John & Vonda Hermsen
<b>Reader</b>	1. Debbie Thomas	1. Brandie Seay	1. Nate Frambach	1. Mike Ackerman
<b>Assisting Minister</b>	1. Mike Ackerman	1. Joan Cram	1. Lorice Amlin	1. Bri Kennedy
<b>Communion Server</b>	1. Kennedy Family 2. ... 3. ...	1. Troftgrubens 2. Jenny Miller 3. ...	1. Sarah Lange 2. Bryan Mours 3. ...	1. John Cocayne & Nate Frambach
<b>Acolyte</b>	1. Luke Boyle	1. Josie Boyle	1. Addison Jones	1. Dominic Stache
<b>Powerpoint and Sound</b>	1. George Sherlock	1. Justin Seay	1. Phil Granovsky	1. Galen Thomas
<b>Pastor</b>	1. Pastor Paul	1. Pastor Paul	1. Pastor Paul	1. Pastor Paul
<b>Connection Center - Coffee</b>	1. ...	1. ...	1. ...	1. ...
<b>Lay Caller</b>	1. Marilyn Koehler	1. Gilbertson	1. Phil Granovsky	1. Pickart
<b>Eucharistic Minister</b>	1. Al Simms	1. Gilbertson	1. Tara Grace	1. Larry Croghan

## **Church Council**

### **President**

Jon Dienst

### **Vice President**

John Shook

### **Treasurer Elect**

Anna Rechtenbach

### **Secretary**

Susan Hansen

### **Stewardship**

Galen Thomas

### **Parish Education**

Maria Troftgruben

### **Evangelism Elect**

Mike Ackerman

### **Youth**

Roger Klosterman

### **Youth Member**

Wesley Miller

### **Mission & Outreach**

Jenny Miller

### **Worship and Music**

## **Church Staff**

### **Pastor**

Rev Paul Amlin

### **Administrative Assistant**

Grace Tindell

### **Youth Ministry Coordinator**

Coco Lyons

### **Church Musician**

Kris Erickson Eipperle

### **Praise Band Leader**

Bri Kennedy

### **Choir Director**

Susan Hansen

### **Bell Choir**

Susan Hansen

### **Lord of Life Lutheran Church, ELCA**

2899 Hales Mill Road

Dubuque, IA 52002

563-582-7371

[www.lordoflifedbq.com](http://www.lordoflifedbq.com)





# LORD OF LIFE LUTHERAN CHURCH

## Worship Schedule

Sundays

8:00 am

10:30am

Faith Formation at 9:15 am

### Go Green!

Stay in touch with Lord of Life by receiving our monthly news via email. To sign up, visit our website. Go to Events + Media/Newsletter.

Lord of Life Lutheran Church  
2899 Hales Mill Road  
Dubuque, IA 52002-2477